

Sport Coach + Resources



www.sportcoachplus.org

SPORT COACH+ RESOURCES

Sample contact sheet for referral resources



© 2024

SAMPLE CONTACT SHEET FOR REFERRAL RESOURCES

When delivering sport activities with young players affected by displacement or other adversity, coaches should learn what services and specialised supports are available in their area and how young people can access them. Coaches can develop a contact sheet of service providers, including names and contact details and any special instructions for how to make a referral.

Below is a sample contact sheet for referrals that you can adapt to your context and available resources. Consider these points when adapting this contact sheet:

- **Type of Service** – Some examples of types of services are given, but these may be different in your context, or have different names. Adjust the suggestions in the sample contact sheet to the resources available in your area. Note also that you can put in community resources, such as youth clubs, as well as other specialised services that may benefit young players affected by displacement.
- **Individual or Organisation** – Many organisations or individuals may provide services. Be sure to give each one its own row, so you can fill in specific contact details and notes for each.
- **Contact Details** – Be sure to include contact names, if you have them, as well as address, phone, email address and website if available. Getting to know the individuals and organisations – and having a personal contact – is helpful when making referrals.
- **Notes for Referral** – Consider what the referral may require, such as filling in a specific form, gaining consent from parents, and whether or not young players can access the service for free.

Type of service	Individual or Organisation	Contact Details	Notes for Referral
Child Protection / Child and Family Services			
Mental Health and Psychosocial Support			
Specialised mental health care			
Counselling services (individual or group)			
Counselling for survivors of violence			
Social Services			
Shelter / safe housing			
Food			
Basic needs			
Health Services			
Reproductive health care			
Legal Services			
Asylum and refugee services			
Literacy and Education			

Employment and Training			
Community Support			
Women's groups			
Youth groups or clubs			
Religious support			



Sport Coach+ is a partnership of the Olympic Refugee Foundation and the IFRC PS Centre to support coaches working with young people (age 10-24) affected by displacement. It aims to provide sport coaches with skills, knowledge and techniques to understand how stressful experiences impact young players, create safe and supportive sport environments, and respond to young players in trauma-informed and healing ways.



Olympic Refugee
Foundation



+ IFRC
Psychosocial Centre